

Judge Courses

Congratulations to the following who recently passed judge awards:

Club Judge – Claire Bristow, Mark Burtenshaw, Laura Butler, Jack Coward, Shona George, Rebecca George, Jacqui Plunkett, Tara Tarrant

DMT County Judge – Chris Geary, Tracey Gibbins, Kate Preston, Marian Wood

London Awards 2008

Each year, the London Region presents 5 perpetual trophies to people within the Region. You can nominate anyone who you feel is worthy of receiving the award based on their success or services during 2008. The award nominations will be submitted to the London Region Committee and the awards will be presented as soon as possible in 2009. There is a nomination form in the programme or see Linda Lawrie for details.

Home Nations Championships Hull

Emma Britton was part of the under 15 team, in this 1st ever championship.

Emma competed 2 strong routines in the preliminary rounds, and then went into the team final as top female, and delivered a new optional routine and finished in top position in the group.

The English team won the event, against Wales. Emma's personnel coach Sarah Silvester was the team coach for the event.

Report by Lizzy Walne



Four Countries Trampoline Event

Andrew Freeman and Michael Freeman from Kingston Trampoline Academy were selected for the annual 4 Countries event in Germany in October. They were competing against Germany, France and Portugal in this senior event.

Michael finished 2nd in the field of 16 and GB's highest scorer, with Andrew in 5th position.

Report by Lizzy Walne

London Trampolining



London Graded Novice to Regional D

Sunday 11th January 2009

www.london-trampoline.co.uk

London Regional G, F, E & D and Novice - 12th October 2008 - Harlington Sports Centre

This event attracted 190 competitors from 10 clubs. The host club, Harlington Hawks, must be thanked for all the effort they put into the event both with the set up and the catering. Group winners were:

| | <u>Individual</u> | <u>Club</u> | <u>Team</u> | <u>Individual</u> | <u>Club</u> | <u>Team</u> |
|-----------------|-------------------|-------------|-------------|--|----------------|-------------|
| <u>Novices:</u> | | | | <u>Regional F</u> | | |
| U9 | Hollie Flavll | Coney Hall | Coney Hall | U15G | Amy Roberts | Heathrow |
| U11 | Nan Owusu-Adda | Queensmead | Coney Hall | U15B | Karan Handa | Heathrow |
| U13 | Annabel Pahl | Queensmead | Queensmead | O15L | Millie Bradley | Kingston |
| O13 | Gemma Lynn | Harlington | | Qualifier for Regional E was: Millie Bradley | | |

| | <u>Regional G</u> | <u>Club</u> | <u>Team</u> | <u>Regional E</u> | <u>Club</u> | <u>Team</u> |
|------|-------------------|-------------|-------------|--|----------------|-------------|
| U11G | Emily Plunkett | Harrow | Coney Hall | U15G | Georgia Heaton | Kingston |
| U15G | Natalya Gordon | Queensmead | Queensmead | U15B | Peter Choy | Harrow |
| U15B | Tom Leakey | Queensmead | Harrow | O15L | Meghan Tomacki | Kingston |
| O15L | Katrina Smith | Camden | Queensmead | O15M | Edward Woods | Zenith |
| O15M | Daniel Reed | Harlington | | Qualifier for Regional D was: Georgia Heaton | | |

Qualifiers for Regional F were:

Emily Plunkett, Tom Leakey & Katrina Smith

| | <u>Regional D</u> | <u>Club</u> | <u>Team</u> |
|------|-------------------|-------------|-------------|
| U15G | Georgia Wallace | Queensmead | Queensmead |
| U15B | Billy Brill | Heathrow | |
| O15L | Luisa Brook | Queensmead | Queensmead |
| O15M | Gary Halfteck | Queensmead | |

Apologies for any errors or omissions.

London Regional Closed - 12th October 2008 - Harlington Sports Centre

This event ran alongside the Regional Grades of the same day. Although the number of entries was disappointingly low at 17, those who did compete produced some exciting routines. Group winners were:

| | <u>Individual</u> | <u>Club</u> | <u>Team</u> |
|--------|-------------------|-------------|-------------|
| Ladies | Claire Bristow | Harlington | Harlington |
| Men's | Simon Chick | Zenith | Zenith |

DMT Coach Course

The London Region would like to run a DMT Coach course if there is enough demand for this. If you are interested, please contact Maxine O'Reilly on 020-8841 0061 or jj42@dial.pipex.com

London Regional Synchro & DMT - 16th November 2008 - Harlington Sports Centre

This event attracted 47 synchro pairs and 30 individuals for DMT from 7 clubs. The event ran well with the following medal winners:

Synchro

| | | |
|------------------|------------------------------------|---|
| Novices | Abigail Clifford & Ella Ostndeinde | Queensmead |
| U15 Intermediate | Billy Brill & Jayden Kimpton | Heathrow |
| 15+ Intermediate | Jack Coward & Alice Clifford | Queensmead |
| Advanced | Emma & Nicola Britton | Kingston Academy (also won Highest Synchro Score) |

DMT

| | | |
|--------------|--------------------|--|
| U15 Regional | Georgia Heaton | Kingston Academy (also won team award) |
| 15+ Regional | Lee-Anna Henderson | Harlington Hawks |
| National C | Katherine Stone | Harlington Hawks |

Double Mini Tramp

The London Region is pleased to offer the following training sessions:

VENUE: Harlington Sports Centre, Pinkwell Lane, Harlington, Middlesex UB3 1PB

DATES: Saturday 17th January 2009 - 12.30 – 2.00pm and 2.00 – 3.30pm

Saturday 14th February 2009 - 12.30 – 2.00pm and 2.00 – 3.30pm

Saturday 7th March 2009 - 12.30 – 2.00pm and 2.00 – 3.30pm

Saturday 18th April 2009 - 12.30 – 2.00pm and 2.00 – 3.30pm

Saturday 9th May 2009 - 12.30 – 2.00pm and 2.00 – 3.30pm

Closing date for each session is one week prior to the session date. No refunds after the closing date. Anyone who turns up on the day without having booked a space runs the risk of not being able to take part if the session is full.

Performers may select which session they attend although some may be asked to change if any one session becomes over subscribed. Maximum 12 per session. As these sessions are designed around the Gala weekends, only those competing at those events may book both sessions on any one day. If space is available on the day, others may attend both sessions. Please ensure that you get the permission of your club to attend DMT sessions.

COST: £5 per session (cheques payable to 'London Trampoline')

For more details please contact Linda Lawrie on 01932 780313 or lindajlawrie@sky.com