

# London Awards Dinner

The annual London Awards dinner took place on Saturday 16<sup>th</sup> September at the Guoman Hotel overlooking Tower Bridge – a magnificent setting particularly at night. Nominees from the London Region have to attend the dinner to collect their awards. Those presented with awards this year were:

Master Gymnast Class 2 – Mark Pennell    Master Gymnast Class 1 – Nicola Petitt    Bronze Award of Merit – Robin Atkins



Award of Merit – Christine Geary, Rita Darch, Sue Petitt, &

Vivienne Bramall    Bronze Judge Award - Christine Geary, Sue Petitt, Vivienne Bramall



## Club Coaching Course & County Judging Course

### County Judging Course

If you are already a club judge and want to further your judging qualification, then London Trampoline are organising County Judge Course. For more information please e-mail Linda Lawrie on LindaLawrie@lineone.net or log onto www.london-trampoline.co.uk

#### Course Details:

**Location:** 217 Charlton Road, Shepperton, Middlesex TW17 0SG  
**Dates:** Saturday 14th October 2006  
 Sunday 22nd October 2006

**Times:** 1:30pm—6:30pm  
 9:30am—6:30pm

### Club Coaching Course

London Trampoline are organising a club coaching course, for more information please e-mail Maxine O'Reilly on jj42@dial.pipex.com or log onto www.london-trampoline.co.uk

#### Course Details:

**Location:** The Embridge Xcel Leisure Complex, Waterside Drive, Walton on Thames, Surrey KT12 2JG  
**Dates:** Sunday 29th October 2006, Sunday 5th November 2006, Sunday 26th November 2006 & Sunday 10th December 2006  
**Times:** 9:00am to 6:00pm

## London Committee 2006 to 2007

On Wednesday 6th September 2006, London Trampoline held their AGM at Queensmead Sports Centre. The Committee is now as followed:

Chair	-	Philip O'Reilly	-	P.OReilly@durbin.co.uk
Secretary & Coach Course Organiser	-	Maxine O'Reilly	-	jj42@dial.pipex.com
Treasure	-	Sabrina Dunn	-	sd@landaumorley.co.uk
Judging Secretary & Competition Organiser	-	Linda Lawrie	-	LindaLawrie@lineone.net
Squad Director	-	Craig Bellis	-	CraigBellis@blueyonder.co.uk
Minutes Secretary	-	Christine Geary	-	ChristineGeary@aol.com
DMT Development Officer	-	Diane Moriarty	-	Clairem.Moriarty@lineone.net
Communications Officer	-	Andrew Wood	-	Andrew_JD_Wood@blueyonder.co.uk

# London Trampoline News



On the 17<sup>th</sup> June 2006 the London Squad participated in a match against Wales and the West Midlands at Cocks Moors Woods Leisure Centre, Birmingham. Many parents and friends also travelled to support London. The London team met before the warm up for a briefing from Craig then split into the different age groups and disciplines. The over 17 team (consisting of Jenny Emerson, Steff Cann, Coreen John, Rohan Nichol, Dan James, Sabrina Dunn, Stephanie Pilborough and Luisa Brook, with Niki Halfteck as reserve) performed well but were eventually beaten into second place by Wales by just 4 marks. The under 17 team (consisting of Emily Mulchay, Kate Bramall, Oliver Rowlands, Jordan Cornwall, Cherelle Bryan, Jordan Chung, Adeva Bryan and Claire Bristow) held their nerve and completed their routines to a high standard where they won the event by 5.2 marks. The teams worked well together ensuring sufficient spotters were available and even providing extra spotters for Wales and the West Midlands at times.

London were now leading the competition with a combined score for the two events of 538.30, followed closely by Wales on 537.10 and West Midlands on 516.00. The next two events were ready to start and London started perfectly with all three Synchro pairs (Sabrina Dunn & Stephanie Pilborough, Jenny Emerson & Steff Cann, and Claire Bristow & Emily Mulchay) completing



Caption describing picture or graphic.

good, solid routines in both set and vol. Unfortunately Wales and West Midlands had a few mistakes with a couple of their pairs hitting the end mats.

Unfortunately in the DMT event Wales were unable to get a team together so this event was excluded from the overall competition score. London produced some excellent performances in this event. The Under 17 team (consisting of Mark Pennel, Kate Bramall, Oliver Rowlands, Paul Mears and Amy Ross) won their event with London taking four of the first five places. The over 17 team (consisting of Kyle Robinson, Becci De Garston Webb, Lizzie Moore, Coreen John and Rohan Nichol) worked well together and also took four of the first five places allowing them to win their event also.

The competition was over and the London team gathered together eagerly to await the

results. The overall competition had been won by 'LONDON' with a total score of 687.50. Craig Bellis (squad director) went up to collect the trophy and photos were taken of the winning team.

We would like to thank the coaches on the day Peter Gledhill and Philip O'Reilly for their support and encouragement. We would also like to thank the officials whom without them the event would not have taken place Viv Bramall, Linda Lawrie, Rita Darch, Chris Geary, Mandy Laney, Sue Petitt and Morag Brennan.

We look forward to a repeat performance next year. Come on London!

Report By Sabrina Dunn

Editor  
 Andrew J D Wood  
 Communication Officer

**London Closed**  
**Sunday 8th October 2006**

### News Letters Highlight:

- London Squad Victory
- Synchro & DMT Competition Report
- National Finals
- Kingston Twins Triumph
- London Awards Dinner
- Club Coaching Course
- County Judges Course
- London Committee

### Competition League

Queensmenad T.C.	<b>992</b>
Pheonix Flyers T.C.	<b>657</b>
Camden T.C.	<b>482</b>
Harlington Hawks T.C.	<b>406</b>
Nova T.C.	<b>348</b>
Harrow T.C.	<b>322</b>
Kingston Academy T.C.	<b>321</b>
Heathrow Gym	<b>47</b>
Southwark Springers T.C.	<b>33</b>
Top Flight T.C.	<b>10</b>
Airborne T.C.	<b>10</b>

# London Syncho & DMT Competition Report

The London Region Synchro & DMT competition took place on Sunday 17<sup>th</sup> September 2006 at the Lee Valley High School. Hosted by Phoenix Flyers, the event had a very relaxed and friendly atmosphere. It had an entry of 52 synchro pairs and 58 individuals for DMT from 6 clubs. There were some excellent synchro performances with several pairs achieving the maximum 10 marks for synchronisation. Award winners were:

Novices:		
1 <sup>st</sup> Lindsey Price & Natalie Newman	Queensmead	104.2
2 <sup>nd</sup> Emma Coventry & Georgia Catt	Phoenix Flyers	102.3
3 <sup>rd</sup> Joy Moody & Nicole Yarrow	Queensmead	101.5
Under 15 Intermediate:		
1 <sup>st</sup> Laura Butler & Emma Wallace	Queensmead	112.1
2 <sup>nd</sup> Jack Coward & Luke Hutson-Flynn	Queensmead	110.1
3 <sup>rd</sup> Lee Anna Henderson & Keira Smith	Harlington Hawks	109.2
Over 15 Intermediate:		
1 <sup>st</sup> Joanne Meecham & Alice Cox	Queensmead	110.2
2 <sup>nd</sup> Martine Warwick & Jessica McElnduff	Phoenix Flyers	109.3
3 <sup>rd</sup> Chantelle Capper & Francesca Gardner	Queensmead	109.1
Under 15 Advanced:		
1 <sup>st</sup> Paul Mears & Glenn Lillie	Phoenix Flyers	112.2
2 <sup>nd</sup> Oliver Rowlands & Chloe Summerill	Phoenix Flyers & Unattached	111.1
3 <sup>rd</sup> Kelly Booth & Alexandra Nolan	Harrow	
Over 15 Advanced:		
1 <sup>st</sup> Lizzie Moore & Jenny Emerson	Harlington Hawks	117.5
2 <sup>nd</sup> Mark Pennell & Louise Pennell	Phoenix Flyers	116.7
3 <sup>rd</sup> Nicola Bristow & Claire Bristow	Harlington Hawks	116.5

Note that the top 3 in the over 15 advanced group are all siblings (Jenny having changed her name last year when she married).

The pair who received the trophy for the highest synchro score over the first two rounds were Martine Warwick & Jessica McElnduff from Phoenix Flyers (39.8 out of 40).

The DMT had some stunning passes and the usual crashes – one of which is on the internet somewhere..... Award winners were:

Under 15 Grade 3:		Over 15 Grade 3:			
1 <sup>st</sup> Cassie Jordan	Queensmead	116.9	1 <sup>st</sup> Susannah Morcowitz	Phoenix Flyers	116.6
2 <sup>nd</sup> Abbey Rowlands	Phoenix Flyers	116.4	2 <sup>nd</sup> Kerry Clark	Phoenix Flyers	115.1
3 <sup>rd</sup> Sean Bullock	Phoenix Flyers	115.3	3 <sup>rd</sup> Jessica McElnduff	Phoenix Flyers	114.2
Under 15 Grade 2:		Over 15 Grade 2:			
1 <sup>st</sup> Oliver Rowlands	Phoenix Flyers	121.3	1 <sup>st</sup> Coreen John	Queensmead	120.3
2 <sup>nd</sup> Laura Cowling	Nova	118.7	2 <sup>nd</sup> Lizzie Moore	Harlington Hawks	120.2
3 <sup>rd</sup> Chloe Summerill	Unattached	118.4	3 <sup>rd</sup> Matthew Douglas	Queensmead	119.5
Under 15 Grade 1:		Over 15 Grade 1:			
1 <sup>st</sup> Mark Pennell	Phoenix Flyers	64.7	1 <sup>st</sup> Kyle Robinson	Nova	61.8
2 <sup>nd</sup> Jordan Chung	Phoenix Flyers	62.5	2 <sup>nd</sup> Rohan Nichol	Camden	58.9
3 <sup>rd</sup> Paul Mears	Phoenix Flyers	29.7			

For the Grade 1 groups, scores were zeroed for the finals.

Thanks to Peter & Pat Gledhill and all the helpers at Phoenix Flyers for hosting the event. The highlight of the day for the officials was the magnificent lunch provided by Sue Brennan - many thanks Sue, your lunches are becoming notorious!

Report By Linda Lawrie

# National Finals

Once again another very successful National Finals held at Birmingham's National Indoor Arena. This year was the first year the whole event was organised in a domino effect. This usually only occurs in the final round of the national finals. But this year it also occurred in the Set and Voluntary round. So bearing this in mind, our London competitors should all be commended for their performances as they all had to adjust to this new system.

London trampolining would like to take this opportunity to congratulate the following competitors:

U11G	Lucy Botten	Phoenix Flyers	4th
U13G	Emma Britton	Kingston Academy	1st
U13G	Elise Gibbins	Kingston Academy	16th
U13B	Oliver Rowlands	Phoenix Flyers	4th
U17B	Elliot Innocent	Airborne	13th
U15G	Cassie Jordan	Queensmead	16th

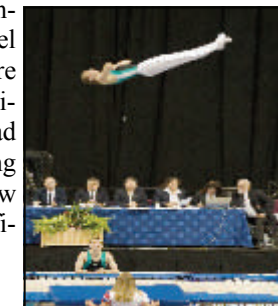
U15G	Claire Bristow	Harlington Hawks	17th
U15G	Emily Mulcahy	Harlington Hawks	23rd
U15G	Adeva Bryan	Airborne	29th
U17G	Asha Phillips	Airborne	11th
U19B	Andrew Freeman	Kingston Academy	1st
U19B	Michael Freeman	Kingston Academy	2nd
U19B	Michael Wood	Kingston Academy	3rd
U19B	Matthew Dries	Kingston Academy	8th
O19L	Jenny Emerson	Harlington Hawks	18th
O19L	Sabrina Dunn	Queensmead	35th
O19M	Rohan Nichol	Camden	28th
Mens	Andrew Freeman	Kingston Academy	11th
Mens	Michael Freeman	Kingston Academy	114th

Also I would like to take this opportunity to thank Craig Bellis and his band of helpers who organised the National Finals! Well Done!!

## Kingston Twins Triumph!

### NISSEN CUP, SWITZERLAND – TWINS TRIUMPH

Andrew and Michael Freeman have won the Youth Boys synchronized event at the 44th Nissen Cup held in Savignion Switzerland in August. This is the 1st synchronized event Andrew and Michael have competed in since they were leading the European Youth competition in Metz earlier this year, but had to withdraw due to Andrew sustaining a foot injury. They used their new synchronized routine with a new difficulty value and it proved successful.



Andrew and Michael were part of the Great Britain delegation and also competed in the individual event, the individual final saw Andrew qualify in 4th place and Michael qualify in 2nd place, Andrew was also using a higher difficulty value in this routine. The final results were Michael 2nd and Andrew 4th.

### LOULE CUP, PORTUGAL – KTA WIN 3 MEDALS

Kingston Trampoline Academy attended the first ever Loule Cup during the 14th – 17th September with a team of five gymnasts. The competition comprised of individual and synchronized trampoline and double mini trampoline.

In the Juniors Boys individual competition Michael Freeman performed 3 solid routines scoring well which secured him 1st place, Andrew Freeman followed in 2nd. Matt Dries and Ross Harding were trying out new routines and finished 11th and 16th respectively. In the Youth Girls Kate Bramall competed two high scoring routines and tried out her new voluntary and finished equal 8th but due to count back finished 9th; just

missing the final.

In the Youth Boys synchronized event Andrew and Michael Freeman finished 1st, Matt Dries and Ross Harding were placed 4th.

The DMT was very successful for Kate Bramall as she finished 2nd even though she made a few mistakes.

The academy are very pleased with the gymnasts and their performance abroad as some competitors had never competed in such a large hall before and all competed new routines.



### INTERNATIONAL CALL UP FOR THREE KTA MEMBERS

Emma Britton has been selected to represent Great Britain in the 3 Way International in Gillingham. Emma will be competing against other under 15s from Portugal and Sweden. The competition is to be held in October in Gillingham.

Good luck to Andrew and Michael Freeman who will attend the GBR vs. GER Youth Match in Rottenbach, Germany, Their coach Sarah Silvester has also been selected as the team coach. The competition will take place at the end of September.