

London Trampoline Newsletter

Goodbye 2003....

Twins Win GOLD - Andrew and Michael Freeman, members of Top Flight Trampoline Club are the new World Age Games Synchronised Trampoline Boys 15/16 Year Old Champions, held in Hannover Germany in October .

The pair coached by both Sarah Sylvester and Linda Lawrie, competed an outstanding first round routine to take the lead going into the final round. The pressure was clearly evident on the Russian pair, who had also competed a very good voluntary routine and were only a few tenths behind Andrew and Michael in second place.

At the Elmbridge Sports Awards for 2003, Andrew and Michael won the "U18 Team Award", with Linda winning an award for her "Services to Sport". Congratulations to you all!

London Squad - Saturday 8th November, Harlington played host to the first ever London v Wales Squad Match. The U18 Team Individual and Synchro consisted of: Adeva Bryan, Andrew Freeman, Michael Freeman, Asha Phillip, Sarah Hazel, Hannah Jaques, Ben Searle, with reserves also having the opportunity of competing: Neala Brennan, Cherelle Bryan. The O18 Team included: Morag Brennan, Luisa Brook, Sabrina Dunn, Katherine Jackson, Coreen John, Stephanie Pilborough, Rohan Nichol, and reserves: Julia Isles and Andrew Wood. Coaches on the day were: Dsani Alexander, Craig Bellis and Phillip O'Reilly with London Officials: Linda Lawrie, Dawn Jaques, Marian Wood, Chris Geary, Karen Ramsey and Rita Darch.

The Individual events were extremely close indeed, with London edging ahead going into the synchronised competition by just 2.0! Wales then clawed their way back with strong Synchro pairings, to just win the days competition by the smallest of margins. An enjoyable day had by all, which will hopefully become an annual event.

Grade 2 National Finals – Cocksmoor Leisure Centre, Birmingham 22nd November 2003

London had a large contingency at this year's Grade 2 Finals, and it was nice to see a lot of new faces competing! Results were as follows:

U11G

2nd **84.6 Emma Britton (TOPF)**
9th 79.9 Elise Gibbons (TOPF)
13th 52.5 Nicola Britton (TOPF)
18th 51.8 Claire Brstow (HHAW)
20th 51.4 Hayley Mellon (QMED)
1st Team – TOPF

U13B

13th 50.7 Daniel Woodgate (NOVA)

U13G

15th 52.2 Cassie Jordan (QMED)
26th 51.5 Emily Mulcahy (QMED)
28th 51.2 Jessie Brennan (HHAW)
33rd 50.8 Lucy Baker (HHAW)

U15B

3rd **83.2 Matthew Dries (TOPF)**
15th 48.8 William Dickens (TOPF)
17th 36.6 Ben Searle (TOPF)
1st Team – TOPF

U15G

9th 83.0 Jerlissa John (HHAW)
16th 52.3 Hannah Jaques (HHAW)
38th 49.9 Kate Bramall (TOPF)
40th 49.0 Nicola Querin (NOVA)
42nd 46.8 Christina Carpenter (NOVA)

U18G

3rd **85.7 Claire Moriarty (QMED)**
16th 53.5 Carly Johnson (HHAW)
21st 53.0 Sarah Hazel (NOVA)

O18B

2nd **86.7 Andrew Wood (QMED)**
6th **82.8 Mark Everett (NOVA)**
7th **82.5 Martin Horne (HARR)**

O18G

5th **86.8 Julia Isles (NOVA)**
10th **83.7 Stephanie Cann (NOVA)**
16th 52.9 Lizzie Moore (TOPF)
38th 43.5 Luisa Brook (QMED)

Hello 2004.....

If you have anything you would like published in the next newsletter or on the London Site please e-mail me at dawnjaques@blueyonder.co.uk

London Regional Synchro – 2004 started off with the London Regional synchro competition at Elmbridge, on Sunday 11th January. Results were:

Novice: 1st – Gemma Pullman/Abbey Hughes (TOPF), 2nd – Leanna Still/Foluke Cole (QMED),
3rd Roxy Cavill/Sabrina Farrier (QMED)

U15 Elementary: 1st - Heather Wilson/Joanne Meecham (QMED), 2nd – Harriet Mulcahy/Cassandra Weitz (TOPF),
3rd – Thomas Dickens/Matthew Bramall (TOPF)

O15 Elementary: 1st – Sam Brown/Hannah Granat (TOPF), 2nd – David Sullivan/Nico Stollenwerk (AIRB),
3rd – Fay Mitchell/Lauren Cheers (TOPF)

U15 Advanced: 1st – Cassie Jordan/Hayley Mellon (QMED), 2nd – Amberley Self/Elise Gibbons (TOPF),
3rd – Emma Britton/Nicola Britton (QMED)

O15 Advanced: 1st - Katherine Jackson/Nicola Bristow (HHAW), 2nd – Kate Bramall/Matthew Dries (TOPF),
3rd Grace Laney/Catherine Willoughby (TOPF)

Judging Courses:

Attention all London Clubs: Judge courses of County level and above held within the London Region are free to London Region candidates. However, the exam fee (currently £10) still needs to be paid. Anyone who fails to attend a course (without just cause) for which a free place has been allocated will be required to pay the course fee for any future course of that level. Club Judge candidates are still required to pay the course fee but can reclaim it after judging at five London events, effective from 25/2/03 (London Synchro, London Closed, London Grades).

From 2/9/03, it was decided that London Region members taking judge courses (County level and above) outside the region could apply to the London Committee for a refund of the course fee (not the exam fee). Candidates need to apply and pay for the course, then obtain a certificate of attendance and receipt of course fee once the course has finished. On submission of the certificate and receipt to the Judging Secretary (Linda Lawrie), a refund of the course fee will be considered at the next Regional Committee meeting. Candidates should ensure that they have been actively judging at London Region competitions within the preceding six months of the course for the application to be approved.

Coaching:

Club Coach:

Sat 6th March, Sat 20th March, Sun 28th March, Sat/Sun 24th/25th April 2004 at Harlington, 9am-5pm each day.

Grade 1 Coach:

Sat 6th March, Sat 20th March, Sun 28th March and Sun 25th April at Harlington, 9am-5pm each day.

Sun 13th June, Sun 20th June, Sun 27th June and Sun 4th July in the London Borough of Newham, venue to be confirmed.

All Course Application Forms can be downloaded from www.london-trampoline.com or details from Maxine O'Reilly: jj42@dial.pipex.com, tel 0208 841 0061 or 106 Queens Walk, South Ruislp, Middlesex.

Interested in DMT (Double Mini-Trampoline)?

The London Committee is still looking to purchase DMT equipment for the region. If you have any ideas or proposals regarding suitable venue, sufficient storage space, availability of training times, hall hire costs for hosting then please contact Maxine O'Reilly (details as before).

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